



Left & right: **BODYSHOP FILE & PLASTIC FOOT FILE**, \$4.95  
For smooth and supple feet.  
[www.thebodyshop.com.au](http://www.thebodyshop.com.au)



Above: **WELEDA**, \$21.90  
Revitalises and refreshes aching feet with a non-greasy formula.  
[www.weleda.com.au](http://www.weleda.com.au)

Right: **AROMATHERAPY FOR CRACKED HEALS**, \$16.50  
Essential oils that soften and heal dry, cracked feet.  
[www.beautybynature.com](http://www.beautybynature.com)



Above: **BURT'S BEES PEPPERMINT FOOT LOTION & COCONUT FOOT CREME**, \$24.95  
Packaged in post consumer recycled tubes.  
[www.burtsbees.com](http://www.burtsbees.com)

# SOLE survivors

OLIVIA LAMOTTE TEMPTS FEET OUT OF HIBERNATION WITH PERFECT PAMPERING.



Right: **HEALED SKIN PROTECT**, \$17.95  
Protection and relief from irritation. Ideal for soothing skin, nappy rash, insect bites and cracked cuticles.  
[www.healedonline.com](http://www.healedonline.com)

Left: **HEALED SOLE FOOD**, \$21.95  
A non-greasy formula that regenerates the feet with a unique natural blend.  
[www.healedonline.com](http://www.healedonline.com)

Right: **HEALED FILE**, \$7.95  
Helps to reduce dry, thickened skin in partnership with Healed Sole Food.  
[www.healedonline.com](http://www.healedonline.com)



**REJUVENATING FOOT SPA SALTS**, \$16.95  
A magic blend of salts, soda and essential oils, recommended as a weekly ritual.  
[www.beautybynature.com.au](http://www.beautybynature.com.au)